



NIPUNI D. KULARATNE

CONTACT ME

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Matale.

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SKILLS

- Innovation and Creativity
- Cooperation and teamwork
- Management and Coordination
- Written and oral communication
- Commitment to tasks

LANGUAGES

- English (Fluent)
- Sinhala (Fluent)
- French (Intermediate)

A self-driven, dedicated individual aspiring for success in the field of Academia. Dynamic, enthusiastic, and eager to be of service, and to influence positive change in her environment, while striving for continuous self-development.

WORK EXPERIENCE

- Lecturer (Temporary) in Psychology** APRIL 2024 - PRESENT
Department of Psychology, University of Peradeniya
- Research Assistant** JAN - APRIL 2024
Healing Minds Pvt Ltd
- Visiting Lecturer in Psychology** JAN - JUNE 2024
American College of Higher Education, Kandy
- Intern - Counseling** 2022 - 2023
Assisted in various mental health institutes to improve the psychological well-being of children and adults:
 - Community Mental Health and Resource Center, Katugastota
 - Juvenile Detention Center, Werawalawatta
 - Alcohol Rehabilitation Center, Mampitiya
- Visiting Lecturer for French and Examiner of DELF A1-B1** 2018 - 2021
Temporary Administrative Secretary OCT - NOV 2023
Conducted classes on the French language and culture for children, adolescents, and adults at Alliance Française de Kandy, conducted assessments in DELF examinations.

EDUCATION

- University of Peradeniya** 2019 - 2023
Bachelor of Arts (Hons.) in Psychology
Final GPA 3.85/4
- Diploma in IT (International), ESOF Metro Campus** 2018
Fundamentals of IT including MS Office, Networking, Graphics and Multimedia.
- Mahamaya Girls' College, Kandy** 2012 - 2017
- Indooroopilly State Primary and High School, Brisbane, Australia** 2008 - 2011

AWARDS AND ACHIEVEMENTS

- Professor B.D.D. Pathirana Memorial Gold Medal for Excellence in Psychology** 2024
- University Prize for Academic Excellence** 2024
for BA (Hons.) in Psychology
- Best iGV, International Relations Panelist** 2021/2022
Building international partnerships
AIESEC - University of Peradeniya

INTERESTS

- Gaining and sharing knowledge
- Volunteering and Social Service
- Nature conservation
- Arts and Aesthetics

REFERENCES

Dr. Kanthi Hettigoda
Senior lecturer,
Department of Psychology,
University of Peradeniya.
Mobile: +94 777 268 507
kanthihettigoda@gmail.com

Ms. Manjula Gunasekera
Senior lecturer,
Department of Psychology,
University of Peradeniya.
Mobile: +94 772 506 374
manjulagunasekera@yahoo.com

Pettah Library Prize & Leigh Smith Memorial Prize	2018/2019
For Highest score in English - Year 1 University of Peradeniya	
Gold Award for Best Performer	2018
ESOFT Metro Campus	
Examinator of DELF A1-B1	2018
Alliance Française de Kandy (2018)	
Highest Z-score in Arts Stream	2017
(District 10th) – G.C.E. A/L Mahamaya Girls’ College, Kandy	

EXTRA-CURRICULAR ACTIVITIES

Global Shapers Kandy Hub – Member	2022 - PRESENT
Volunteering and leading projects related to education, nature conservation, and health sectors.	
AIIESEC – Member and Team Leader	2020 - 2021
Strengthening connections with foreign universities while conducting projects for national development.	
Psychology Society, University of Peradeniya – Editor	2022
Music Society, University of Peradeniya – Vice President	2021
Literary, Music and Drama Society, Mahamaya Girls’ College – President	2016

RESEARCH PUBLICATIONS AND PROJECTS

Kularatne, N.D., Gunasekera, M. (2024). The Experience of Well-being among Meditating and Non-meditating Buddhist Adults. Conference Proceedings-1st International Conference on Psychology and Mental Health. p. 49. [ICPMH-Proceeding-Book Online.pdf \(niibs.lk\)](#)

Hettigoda, K. **Kularatne, N. D.** (2024). Psychology in Sri Lanka. The Handbook of International Psychology; 2nd Edition. Published November 18, 2024 by Routledge. ISBN 9781138925120 (p. 317)

Gamashoka, S.K.,**Kularatne, N.D.,** Azari, F.S., Balasooriya, N.S., Wijesiri, H.G.V.W. (2024). Portrayal of Mental Health, Illness and Symptoms in Sinhalese Newspapers in Sri Lanka: A Prospective Study, The Annual Academic Sessions of the Sri Lanka College of Psychiatrists., 113-114

Kularatne, N.D., Gamashoka, S.K., Azari, F.S., Balasooriya, N.S., Wijesiri, H.G.V.W. (2024). Portrayal of Mental Health and Symptoms in English Newspapers in Sri Lanka: A Prospective Study. iPURSE Proceedings. 25. 149
<https://site.pdn.ac.lk/ipurse/2024/docs/iPURSE%20proceedings%202024.pdf>

Azari, F.S., Gamashoka, S.K., **Kularatne, N.D.,**Balasooriya, N.S., Wijesiri, H.G.V.W. (2024). Portrayal of Mental Health and Symptoms of Psychiatric Illnesses in Tamil Newspapers in Sri Lanka: A Prospective Study.iPURSE.25.150
<https://site.pdn.ac.lk/ipurse/2024/docs/iPURSE%20proceedings%202024.pdf>

‘Shape the Future’ Educational Project SANASA Campus, Kegalle
Global Shapers Kandy (2023)

‘Lesson For Future’ Educational Project Mahinda College, Galle
AIIESEC – University of Peradeniya (2020)