



# NIPUNI D. KULARATNE

## CONTACT ME



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Matale.



[linkedin.com/in/nipuni-kularatne](https://linkedin.com/in/nipuni-kularatne)

## SKILLS

- Innovation and Creativity
- Cooperation and teamwork
- Management and Coordination
- Written and oral communication
- Commitment to tasks

## LANGUAGES

- English (Fluent)
- Sinhala (Fluent)
- French (Intermediate)

A self-driven, dedicated individual aspiring for success in the field of Academia. Dynamic, enthusiastic, and eager to be of service, and to influence positive change in her environment, while striving for continuous self-development.

## WORK EXPERIENCE

- **Lecturer (Temporary) in Psychology** APRIL 2024 - PRESENT  
Department of Psychology, University of Peradeniya
- **Research Assistant** JAN - APRIL 2024  
Healing Minds Pvt Ltd
- **Visiting Lecturer in Psychology** JAN - JUNE 2024  
American College of Higher Education, Kandy
- **Intern - Counseling** 2022 - 2023  
Assisted in various mental health institutes to improve the psychological well-being of children and adults:
  - Community Mental Health and Resource Center, Katugastota
  - Juvenile Detention Center, Werawalawatta
  - Alcohol Rehabilitation Center, Mampitiya
- **Visiting Lecturer for French and Examiner of DELF A1-B1** 2018 - 2021  
**Temporary Administrative Secretary** OCT - NOV 2023  
Conducted classes on the French language and culture for children, adolescents, and adults at Alliance Française de Kandy, conducted assessments in DELF examinations.

## EDUCATION

- **University of Peradeniya** 2019 - 2023  
Bachelor of Arts (Hons.) in Psychology  
Final GPA 3.85/4
- **Diploma in IT (International), ESOFT Metro Campus** 2018  
Fundamentals of IT including MS Office, Networking, Graphics and Multimedia.
- **Mahamaya Girls' College, Kandy** 2012 - 2017
- **Indooroopilly State Primary and High School, Brisbane, Australia** 2008 - 2011

## AWARDS AND ACHIEVEMENTS

- **Professor B.D.D. Pathirana Memorial Gold Medal for Excellence in Psychology** 2024
- **University Prize for Academic Excellence** 2024  
for BA (Hons.) in Psychology
- **Best iGV, International Relations Panelist** 2021/2022  
Building international partnerships  
AIESEC – University of Peradeniya

## INTERESTS

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- Gaining and sharing knowledge
- Volunteering and Social Service
- Nature conservation
- Arts and Aesthetics

## REFERENCES

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**Dr. Kanthi Hettigoda**  
Senior lecturer,  
Department of Psychology,  
University of Peradeniya.  
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[kanthihettigoda@gmail.com](mailto:kanthihettigoda@gmail.com)

**Ms. Manjula Gunasekera**  
Senior lecturer,  
Department of Psychology,  
University of Peradeniya.  
Mobile: +94 772 506 374  
[manjulagunasekera@yahoo.com](mailto:manjulagunasekera@yahoo.com)

<b>Pettah Library Prize &amp; Leigh Smith Memorial Prize</b>	2018/2019
For Highest score in English - Year 1	
University of Peradeniya	
<b>Gold Award for Best Performer</b>	2018
ESOFT Metro Campus	
<b>Examinator of DELF A1-B1</b>	2018
Alliance Française de Kandy (2018)	
<b>Highest Z-score in Arts Stream</b>	2017
(District 10th) – G.C.E. A/L Mahamaya Girls' College, Kandy	

## EXTRA-CURRICULAR ACTIVITIES

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<b>Global Shapers Kandy Hub – Member</b>	2022 - PRESENT
Volunteering and leading projects related to education, nature conservation, and health sectors.	
<b>AIESEC – Member and Team Leader</b>	2020 - 2021
Strengthening connections with foreign universities while conducting projects for national development.	
<b>Psychology Society, University of Peradeniya – Editor</b>	2022
<b>Music Society, University of Peradeniya – Vice President</b>	2021
<b>Literary, Music and Drama Society, Mahamaya Girls' College – President</b>	2016

## RESEARCH PUBLICATIONS AND PROJECTS

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**Kularatne, N.D., Gunasekera, M.** (2024). The Experience of Well-being among Meditating and Non-meditating Buddhist Adults. Conference Proceedings-1st International Conference on Psychology and Mental Health. p. 49. [ICPMH-Proceeding-Book\\_Online.pdf \(niibs.lk\)](https://www.niibs.lk/ICPMH-Proceeding-Book_Online.pdf)

Hettigoda, K. **Kularatne, N. D.** (2024). Psychology in Sri Lanka. The Handbook of International Psychology; 2nd Edition. Published November 18, 2024 by Routledge. ISBN 9781138925120 (p. 317)

Gamashoka, S.K., **Kularatne, N.D.**, Azari, F.S., Balasooriya, N.S., Wijesiri, H.G.V.W. (2024). Portrayal of Mental Health, Illness and Symptoms in Sinhalese Newspapers in Sri Lanka: A Prospective Study, The Annual Academic Sessions of the Sri Lanka College of Psychiatrists., 113-114

**Kularatne, N.D.,** Gamashoka, S.K., Azari, F.S., Balasooriya, N.S., Wijesiri, H.G.V.W. (2024). Portrayal of Mental Health and Symptoms in English Newspapers in Sri Lanka: A Prospective Study. iPURSE Proceedings. 25. 149 <https://site.pdn.ac.lk/ipurse/2024/docs/ipurse%20proceedings%202024.pdf>

Azari, F.S., Gamashoka, S.K., **Kularatne, N.D.**, Balasooriya, N.S., Wijesiri, H.G.V.W. (2024). Portrayal of Mental Health and Symptoms of Psychiatric Illnesses in Tamil Newspapers in Sri Lanka: A Prospective Study. iPURSE.25.150 <https://site.pdn.ac.lk/ipurse/2024/docs/ipurse%20proceedings%202024.pdf>

**'Shape the Future' Educational Project SANASA Campus, Kegalle**  
Global Shapers Kandy (2023)

**'Lesson For Future' Educational Project Mahinda College, Galle**  
AIESEC – University of Peradeniya (2020)